

NO REST FOR THE WICKED SERIES 2012

If running a Full or Half Marathon is not enough for you then we can offer you more during the following week

Monday 23 rd July	Peel Hill Race - approx. 2 miles up, then 2 miles down. Contact Barry Moore manxperson@hotmail.com
Tuesday 24 th	A well deserved rest day
Wednesday 25 th	Northern 10km Contact Tom Melvin tommelvin64@yahoo.co.uk
Thursday 26 th	Foxdale 6 miles Contact Paul Jackson paul.jackson@manx.net
Friday 27 th	Peel Heritage Trail - approx. 7 miles of beautiful scenery. Contact Barry Moore manxperson@hotmail.com

HOW IT WORKS

If you complete **either** the Marathon or Half Marathon on Sunday 22nd July, and all of the above races then you truly have strength, stamina and determination. You could also win a coveted "No Rest for the Wicked" series trophy for your efforts.

To celebrate there will be a sumptuous buffet on the Friday evening after the last race in the series.

HOWEVER

If you do not want to do something that extreme but just fancy an extra run or two then just turn up for whatever race/s you choose.

ENTRY FEES

Will be just a nominal few £s for each race. The above contacts will be able to give you full details and also tell you where and when to sign on.